

St Felix School Swimming Club
Training Timetable - August / September 2023

August / September	National	Regional Age	County	Club	Development	Transition
Monday 28th	BANK HOLIDAY					
Tuesday 29th	5:00pm - 6:00pm	5:00pm - 6:00pm	6:00pm - 7:00pm	6:00pm - 7:00pm	4:00pm - 5:00pm	
Wednesday 30th			5:30pm - 6:30pm	6:30pm - 7:30pm	5:30pm - 6:30pm	
Thursday 31st	5:00pm - 6:30pm	5:00pm - 6:30pm				
Friday 1st	4:30pm - 6:00pm	4:30pm - 6:00pm	6:00pm - 7:30pm	6:00pm - 7:30pm		
Saturday 2nd	8:00am - 9:30am	8:00am - 9:30am	9:30am - 10:30am		9:30am - 10:30am	

August / September	National	Regional Age	County	Club	Development	Transition
Monday 4th	5:00pm - 6:30pm	5:00pm - 6:30pm	6:30pm - 8:00pm			
Tuesday 5th	5:00pm - 7:00pm	5:00pm - 7:00pm	6:30pm - 8:00pm	6:30pm - 8:00pm	4:00pm - 5:00pm	4:00pm - 5:00pm
Wednesday 6th			5:30pm - 6:30pm	6:30pm - 7:30pm	5:30pm - 6:30pm	
Thursday 7th	5:00pm - 7:00pm	5:00pm - 7:00pm		7:00pm - 8:30pm		
Friday 8th	4:30pm - 6:00pm	4:30pm - 6:00pm	6:00pm - 7:30pm	6:00pm - 7:30pm		
Saturday 9th	7:00am - 9:00am	7:00am - 9:00am	9:15am - 10:15am		9:15am - 10:15am	

Normal Training Timetable will commence from Monday 11th September.

Please speak to your coach if you have any questions or would like to discuss this timetable.

#teamstfelix